

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>MEALS ARE PARTIALLY FUNDED BY NACOG AND DES</p>	<p>Please Call by 10 AM Dine In or Carry Out 928-643-7278</p>	<p>Senior Citizen Pot Luck SEPT. 8TH @ 12:00</p>	
<p>3</p> 	<p>4</p> <p>Shepherd's Pie Glazed Beets WG Biscuit Melon Medley Pudding Macadamia Nut day</p> 	<p>5</p> <p>Cheese Pizza Beef Stew Green Salad Bread Stick Hot apple Betty Cheese Pizza Day</p>	<p>6 Outdoor Picnic (sack Lunches) Cold Turkey Sandwich Carrots & Celery Sticks Bag Of Chips Cookie Orange Coffee Ice Cream Day</p>	<p>7</p> <p>Chicken Green Chile Enchiladas Pinto Beans Mexi Corn Romaine & Diced Tomatoes Salad Corn Tortilla Peaches</p>
<p>10</p> <p>Pepper Steak Brown rice & Black Beans Peppers, Squash Medley WG Roll Cantaloupe Pumpkin Bar</p> 	<p>11</p> <p>Hot Turkey Sandwich Mashed Potatoes California Blend Vegetables Mandarin Orange Hot Cross Buns Day</p>	<p>12</p> <p>Mac & Cheese Steamed Broccoli Pineapple Slaw Roll Pears Chocolate Milkshake Day</p> 	<p>13</p> <p>Ranch Chicken Baked Potato Green Beans Cornbread Mixed Fruit Peanut Day</p>	<p>14</p> <p>Apricot Glazed Ham Lima Beans Sweet Potatoes Bread Baked Apple Cream Filled Donut Day</p>
<p>17</p> <p>Chicken Stir- fry Oriental Veggies Brown Rice Cabbage Mandarin Oranges Apple Dumpling Day</p> 	<p>18</p> <p>Cheese Burgers Potato Wedges Cole Slaw Grapes Cheese Burger Day</p>	<p>19</p> <p>Bowtie Pasta Primavera w/peppers, Southwest Vegetables WG Garlic Bread Pears & Berries Butterscotch Pudding Day</p>	<p>20</p> <p>Roast Beef & Gravy Red Potatoes Mixed Vegetables WW Bread Grapes Bread Pudding</p> 	<p>21</p> <p>Chicken a la King over noodles Broccoli Glazed Carrots WG Roll Fruit Salad Pecan Cookie Day</p>
<p>24</p> <p>Navajo Tacos w/the works Melon Medley Cookie</p>	<p>25</p> <p>Pork Roast Sweet potatoes Baked Zucchini Cornbread Pears & Berries Tapioca Pudding</p> 	<p>26</p> <p>Chicken & Dumplings Peas & Carrots Broccoli Salad Applesauce Chicken and Dumplings Day</p>	<p>27</p> <p>Lasagna Squash Medley Garden Salad WG Garlic Bread Pineapple Banana Salad Chocolate Milk Day</p>	<p>28</p> <p>Baked Fish Rice Pilaf Cole Slaw Beets w/ onions WG Biscuits Fruit salad Jell-O Strawberry Cream Pie Day</p>

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."