

September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 WE WILL BE CLOSED LABOR DAY	3 Tacos Lettuce and tomato Pinto Beans Spanish Rice Bell Pepper Slices Mandarin Oranges	4 Roast Beef Potatoes, Carrots, and Onions Mixed Vegetables WG Roll Peaches and Cream	5 Cheese Pizza Vegetable Soup Broccoli Salad Bread Sticks Banana CHEESE PIZZA DAY 	6 Spaghetti Italian Vegetables Spinach Salad HDM cooked Spinach Garlic Bread Pears COFFEE ICE CREAM DAY
9 Ham Mac 'n Cheese Seasoned Carrots Spinach Salad HDM: Coleslaw WG Roll Fruit Ambrosia	 10 Chicken Teriyaki over Brown Rice Oriental Vegetables Sweet&Sour Cabbage Egg Rolls Mandarin Oranges Fortune Cookie	11 Chicken Fried Steak Parsley Potatoes California Blend Vegetables Hot cross Bun Tropical Fruit HOT CROSS BUN DAY	12 Fiesta Lime Chicken with stewed tomatoes Zucchini Green Salad WG Bread Pineapple CHOCOLATE MILKSHAKE DAY 	13 BAKE SALE Swedish Meatballs over Brown Rice Cauliflower Cooked Spinach Grapes PEANUT DAY
16 Oven Fried Chicken Sweet Potatoes Cole Slaw Jello with Pears CINNAMON RAISIN BREAD DAY	17 Chef Salad w/ the works WG Bread Apple Dumpling APPLE DUMPLING DAY 	18 Cheeseburger w/ the works Oven Fries Baked Beans On WG Bun Fruit Salad CHEESEBURGER DAY	19 Turkey Melt Oven Fries Orange glazed Carrots WG Bread Berries BUTTERSCOTCH PUDDING DAY	20 Pepperoni Pizza Cream Broccoli Soup Green Salad Cinnamon Bread Sticks Pineapple PEPPERONI PIZZA DAY
23 Pepper Steak Black Beans & Rice Peppers & Onions Romaine Salad WG Bread Peaches	24 Hawaiian Haystacks w/ brown rice w/ the works Coconut & Pineapple	25 Navajo Taco w/ the works Mexi Corn Fruit Cocktail	26 Sausage, Egg, Cheese, And Veggies Burrito Hash Browns Pancakes Mandarin Oranges PANCAKE DAY	27 Chicken CordonBleu Brown Rice Butternut Squash Peas Pears Pudding CHOCOLATE MILK DAY
30 Green Chili Burrito Mexican Rice Corn Salad Romaine & Tomatoes Citrus Salad	ALL MEALS ARE PARTIALLY FUNDED BY DES AND NACOG	PLEASE CALL BY 10 AM DINE IN OR CARRY OUT 928-643-7278		Happy Birthday 19- Shelia S.

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975. Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities